



Step 1:

Assessing Caregiver-Baby Interaction

LOOK

- How frequently does the caregiver look at her baby?
- Does the caregiver notice when the baby changes states?
- Is the caregiver frequently distracted by other children or her surroundings?



RECOGNIZE

- Is the caregiver able to recognize her baby's cues?
- Does the caregiver seem frustrated with the baby's behavior?
- Does the caregiver talk to the baby or show that she recognizes what the baby needs?



RESPOND

- Does the caregiver respond to almost every cue by feeding her baby?
- Does the caregiver get frustrated if the baby does not react immediately to her efforts?
- Does the caregiver seem confident in her interactions with the baby?



Step 2: Addressing Caregiver-Baby Interaction



LOOK

- Model that it only takes a moment to look at the baby
- Point out when the baby is changing states and what baby might do next
- Help the caregiver cope with distractions

RECOGNIZE

- Ask the caregiver what she thinks the baby might need
- Take a few seconds to describe the cue being given and how it differs from other cues
- Support the caregiver as she tries to recognize her baby's cues (every baby is different)



RESPOND

- Help the caregiver decide how to meet her baby's needs
- Share appropriate responses to "I want to be near you" and "I need something to be different" cues
- Help the caregiver learn about "repetition to soothe" and "variety to waken"
- Tell the caregiver that babies need time to respond



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